



**Family**  
Counseling Service

*Stronger Families - Stronger Communities*

70 S. River Street • Aurora, IL 60506

Non-Profit  
US Postage  
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Aurora, IL

**Seminars:**  
attachment parenting  
elder abuse  
play therapy  
surviving cancer  
sex therapy  
getting paid  
grief  
ethics

Continuing Education Network  
**Summer/Fall 2011 Catalogue**





# Attachment Parenting

~ July 22, 2011 • 9:00 am - 12:00 pm • 3.0 CEUs • \$59 ~

Based in attachment theory, attachment parenting takes the scientific knowledge that has been accumulated on childhood development, attachment, and family relations and provides 8 basic principles that every family can incorporate into their lives. This seminar will review the basics of attachment theory, and introduce you to attachment parenting; including attachment-building behaviors from birth through the teen years, and attachment based discipline techniques. We will also touch on how to apply AP with the families you work with, as well as some of the current trends in parenting that today's families are confronted with.



## About the Presenter


Patricia Mackie, LPC, is a licensed professional counselor and certified support group leader for Attachment Parenting International. Patricia has been working with families for 12 years and received her Masters in Clinical Psychology with a specialty in marriage and family studies in 2006 from Benedictine University. Patricia is the mother of two children who inspired her work in attachment parenting and give her daily practice. In 2010 Patricia

founded the Naperville Chapter of Attachment Parenting International and runs bi-monthly support group meetings for parents based on the principles of Attachment Parenting, as well as providing on-demand support to parents and caregivers.

## Register

 [www.aurorafcs.org/conted](http://www.aurorafcs.org/conted)

 630.844.3084

 630.844.8216

 FCS • 70 S. River St. • Aurora, IL 60506

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Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_

Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Professional License Type and # (for CEUs): \_\_\_\_\_

**Attachment Parenting**

Friday, July 22nd, 2011  
9:00 a.m. - 12:00 p.m.  
**\$59 - 3.0 CEUs**

**Surviving Cancer**

Thursday, August 11th, 2011  
9:00 a.m. - 4:00 p.m.  
**\$98 - 6.0 CEUs**

**Elder Abuse**

Friday, July 29th, 2011  
9:00 p.m. - 12:00 p.m.  
**\$59 - 3.0 CEUs**

**Sex Therapy: Intimacy**

Friday, September 23rd, 2011  
9:00 p.m. - 12:00 p.m.  
**\$59 - 3.0 CEUs**

**Grief 101: Children & Teens**

Friday, July 29th, 2011  
1:00 p.m. - 4:00 p.m.  
**\$59 - 3.0 CEUs**

**Ethics 2011**

Thursday, October 13th, 2011  
9:00 a.m. - 12:00 p.m.  
**\$59 - 3.0 CEUs**

**Play Therapy: Tools**

Friday, August 5th, 2011  
9:00 a.m. - 12:00 p.m.  
**\$59 - 3.0 CEUs**

**Getting Paid: Insurance**

Friday, October 21st, 2011  
9:00 a.m. - 4:00 p.m.  
**\$98 - 6.0 CEUs**

**Total**

Family Counseling Service is an approved CEU provider for the following:

Illinois Social Workers - license # 159.001.044

Illinois Professional Counselors - license # 197.000145

Illinois Licensed Marriage & Family Therapists - license # 168.000189

Illinois Teachers - license # 080918131512204

Registration fee includes refreshments, training manual, & CEU certification.

## Method of Payment:

My check is enclosed (made out to Family Counseling Service)

Charge my  Visa  MasterCard

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**Interested in becoming a speaker?**

**Share** what you  
have learned in your field.

Help create a higher quality of **service**.

**Get paid.**

Your expertise...our experience

630.844.8216

dmagin@aurorafcs.org



~ July 29, 2011 • 9:00 am - 12:00 pm • 3.0 CEUs • \$59 ~

As mandated reporters, it is important that we be vigilant for signs of elder abuse when working with older clients. This seminar will provide each participant with a thorough understanding of elder abuse, and enable the participant to more confidently recognize the types of elder abuse, the signs and symptoms. In addition to the various forms of abuse, participants will also learn about domestic violence in couples and current scams affecting the elderly population.



#### About the Presenter

Dr. Kimberly Schellin-Rog, LCPC, has been working in the field of domestic violence and sexual assault for over 9 years. She has worked with domestic violence perpetrators providing them counseling and alternatives to violence. Currently Dr. Schellin-Rog coordinates the sexual assault program at the Community Crisis Center in Elgin. She has 40 hours of training in domestic violence and sexual assault treatment, as well as certification as a Domestic Violence Professional and

a Partner Abuse Intervention Professional. She teaches as an adjunct professor at Elgin Community College in the Psychology Department.



## Grief 101: Supporting Children & Teens

~ July 29, 2011 • 1:00 pm - 4:00 pm • 3.0 CEUs • \$59 ~

The experience of loss for a child or teen, due to the death of a close friend or family member, can be difficult. Children and teens are already struggling with the task of developing a sense of social awareness and forming a unique identity. To expect them to also know how to cope with the insurmountable feelings and thoughts that come along with a loss due to a death, while simultaneously navigating the barriers that face youth today, is unthinkable. Participants will leave this presentation with usable tools and resources to help support grieving children and teens.



### About the Presenter

Heather Kochen is an LPC who has been working in the field of grief and loss for seven years. She provides both individual and group grief counseling to children and teenagers, also facilitating grief support programs for families. She is currently employed by Adventist St. Thomas Hospice and is the creator and director of Tommy's Kids Bereavement Summer Camp. Heather also speaks at high school and college institutions on the subject of grief and loss.



## How to Get Paid: Insurance Documentation Made Easy

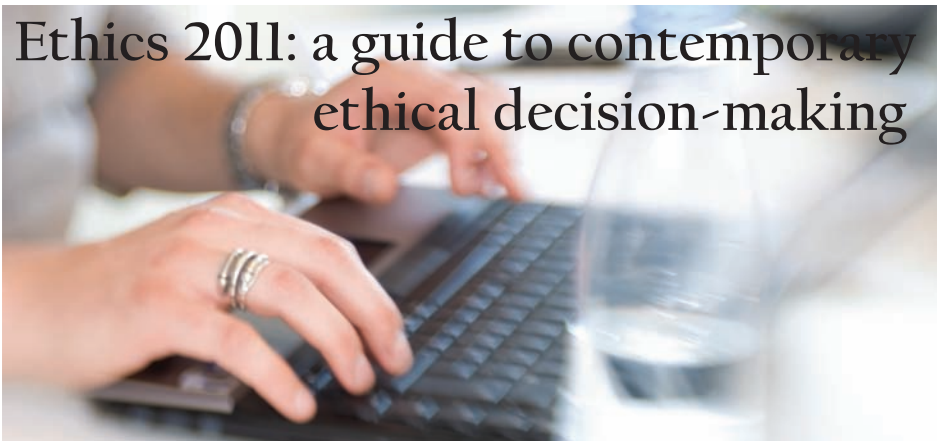
~ October 21, 2011 • 9:00 am - 4:00 pm • 6.0 CEUs • \$98 ~

In a mental health treatment system dominated by the need to bring in revenue to support quality services, the ability to quickly and effectively navigate the maze that is private insurance has become paramount. This seminar will help clinicians in a variety of settings learn the most common mistakes to avoid and the practices that most readily insure prompt, maximized insurance reimbursement.

You may want to consider sending your office manager/billing specialist to this one!

**About the Presenter**  
Anthony Dattomo, MS, LCPC, is a behavioral health clinician with nearly 20 years of experience. He has worked in community mental health, substance abuse treatment centers, behavioral health hospitals, and private practice. Mr. Dattomo has spent the last 8 years working for a major insurance company and is currently a network manager. He works directly with clinicians to promote awareness and competence in navigating the insurance system.





## Ethics 2011: a guide to contemporary ethical decision-making

~ October 13, 2011 • 9:00 am - 12:00 pm • 3.0 CEUs • \$59 ~

This course is designed for social workers and related counseling professionals, to learn about the most recent additions to the guidelines, and to address the challenges that arise in making real-life ethical decisions with clients and co-workers. It is easy to “get off track” in our professional life. We are very busy and we are trying hard to help people and work positively with our co-workers. A good ethics review with updates every couple of years helps us “stay on track” thereby helping our clients and keeping intact our professional credentials.



### About the Presenter

Gail Tanzer, LCSW, has worked in a variety of settings which have called for complex ethical decision making. Since graduating from the University of Chicago, she has worked in a residential treatment center for children, a psychiatric hospital, a community mental health program, a behavioral health center and a high school as a school social worker. She has given seminars on a variety of topics and has especially researched the area of ethics in the counseling profession. She

intersperses her presentations with scenarios that bring out the challenges at times in applying ethical guidelines to real-life situations.



## Play Therapy: Games as Tools

~ August 5, 2011 • 9:00 am - 12:00 pm • 3.0 CEUs • \$59 ~

When working with youth, we all have our “go to” activities. The ones we work with time and time again. For the most part, they work great. We need to look at what we are doing with our clients and make sure it is still effective. Occasionally, we run into an individual that our current bag of tricks cannot reach. We need to freshen up our tools and take a new approach with those clients. The intention of this workshop is to help you do just that. Participants will learn about what toys, household items and strategies work well with younger clients.

### About the Presenter

Bridget Flanigan LCSW, CADC has spent the majority of her career as a School Social Worker. She has worked at the elementary, middle school, and high school level in the Public School system. She has also worked in an alternative high school. In between jobs as a School Social Worker, Bridget worked in the child welfare setting. Within child welfare, she worked with specialized foster care clients involved with Department of Children and Family Services and the Department of Corrections. She has presented on topics for working with special education students, and her expertise is working with children exhibiting emotional disturbances. She is currently employed as a school social worker for children age 6-13.



## Surviving Cancer: Living Anew

~ August 11, 2011 • 9:00 am - 4:00 pm • 6.0 CEUs • \$98 ~

The purpose of Living Anew is to enhance the quality of life for cancer survivors and improve their chances of survival. Living Anew comes from the idea that cancer is a life changing illness and often forces us to make life changing decisions. One important choice is to live anew; to learn how to manage our lives in ways that add quality to our life. According to the American Cancer Society, 10.5 million Americans live with a history of cancer, and nearly 1.5 million new cancer cases are diagnosed each year. This seminar teaches medically approved interventions as an adjunct for the treatment of cancer.

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### About the Presenter

Paul Vander Sande, LCPC, has been the director of Family Preservation Services and Living Anew Cancer Support Services for over 20 years. He has a Masters Degree in Marriage and Family Counseling from the Adler School of Professional Psychology and was trained by Bernie Siegel M.D. through Dr. Siegel's ECaP program. He is an Advanced Certified Hypnotherapist, and has a Complimentary Medical Certificate from the National Guild of Hypnotists. Paul is trained by the International Critical Stress Foundation in Critical Stress Management and has developed specific training programs for corporations, hospitals, international organizations, and treatment centers. He is presently working on a book, "Living Anew / How To Survive Cancer." Paul volunteers his time overseas to assist in relief programs.



## Sex Therapy: Increasing Intimacy

~ September 23, 2011 • 9:00 am - 12:00 pm • 3.0 CEUs • \$59 ~

This course will be an introduction to Sex Therapy for therapists and other professionals who have issues of Sex Therapy in their offices, but no specific training on how to handle the intricacies of one of the least talked about and most important subjects for human beings. We will look at what Sex Therapy is, how to assess clients for sexual dysfunction or disorder, the primary male and female dysfunctions and how to work with couples to increase sexual intimacy in low-sex or no-sex relationships.

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### About the Presenter

Kate Evans is a Licenced Clinical Professional Counselor working in private practice in St. Charles. She specializes in working with teen and adult women coping with the tendency to care for all around them and to forget to care for themselves. Kate has worked in not-for-profit women's counseling as well as in group home residential therapy for teen girls focusing on trauma work utilizing Dialectical Behavior Therapy.

