



**Family**  
Counseling Service

*Stronger Families - Stronger Communities*

70 S. River Street • Aurora, IL 60506  
Address Service Requested

Non-Profit  
US Postage  
PAID  
Permit #119  
Aurora, IL

Thursday, February 25, 2010

Attend  
Both & Save!

9 AM

## Helping People with Dementia and their Caregivers

- Understand the types of dementia and their effects
- Know how to help those who cannot learn or remember
- Make a difference in the life of a caregiver

1 PM

## Introduction to Imago Relationship Therapy

- Learn what makes couples work so toxic
- Understand how Imago theory opens options for working with couples
- Identify the advantages of the Dialogue process in couples therapy.

Continuing Education Network  
[www.aurorafcs.org](http://www.aurorafcs.org)

## Helping People with Dementia and Their Caregivers

9:00 AM - 12:00 PM

**\$49** includes refreshments, training manual and 3.0 CEUs

Many of us are called on to help individuals with dementia and the families that care for them. This seminar will help participants to understand some of the many varieties of dementia and how they affect the individuals in their grip. With that understanding and with further tools for communication, we can encourage, calm, and reassure those with dementia. We can then help their caregivers to set boundaries, care for themselves, and avoid burn out.

### Course Outline

- Key Characteristics of the major types of dementia
- Ways to use mirroring & validation to aid communication with confused older adults
- Five strategies for helping family caregivers

## Introduction to Imago Relationship Therapy

1:00 PM - 4:00 PM

**\$49** includes refreshments, training manual and 3.0 CEUs

Inviting a distressed couple into your office is like lancing a large boil. The deep hurt and anger pours out and the three of you are knee deep in negative feelings. Imago provides therapists with the tools to use to teach couples how to manage their own conflicts, get into each other's worlds, and find true support and understanding.

### Course Outline

- The stages of love and romance
- An introduction to the Imago Dialogue as a structure for conflict resolution
- Opportunities to practice skills for use with couples



About the presenter:

**Joan Guest, MSW**, has extensive professional and personal experience in working with older adults as well as couple's therapy. She is a certified Imago Relationship Therapist and is also a recognized support group leader for the Alzheimer's Association and the American Parkinson's Disease Association. Joan is the author of *Self-Esteem* and *Forgiving Your Parents*. She has also contributed articles to magazines, newspapers and books. Joan currently works in private practice at Samaritan Interfaith Counseling Center in Naperville & Aurora.

## Register

Online: [www.aurorafcs.org](http://www.aurorafcs.org), click on "Continuing Education Network"

Call: (630) 844-8216

Fax: (630) 844-3084

Mail: FCS • 70 S. River St. • Aurora, IL 60506

Register online and you're automatically entered in a monthly drawing to attend the seminar of your choice for free!

### Helping People with Dementia and Their Caregivers

Thursday, February 25th, 2010 • 9:00 a.m. - 12:00 p.m.

**\$49** Family Counseling Service • 70 S. River Street • Aurora, IL 60506  
3.0 CEUs

### Introduction to Imago Relationship Therapy

Thursday, February 25th, 2010 • 1:00 p.m. - 4:00 p.m.

**\$49** Family Counseling Service • 70 S. River Street • Aurora, IL 60506  
3.0 CEUs

### Helping People with Dementia + Introduction to Imago

Thursday, February 25th, 2010 • 9:00 a.m. - 4:00 p.m.

**\$80** Family Counseling Service • 70 S. River Street • Aurora, IL 60506  
6.0 CEUs

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_

Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E:mail: \_\_\_\_\_

Professional License Type and # (for CEUs): \_\_\_\_\_

Family Counseling Service is an approved CEU provider for the following:

Illinois Social Workers - license # 159.001.044

Illinois Professional Counselors - license # 197.000145

Illinois Licensed Marriage & Family Therapists - license # 168.000189

Illinois Teachers - license # 080918131512204

### Method of Payment:

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